" Writing is a perfect skill that god gave to you That no man can take away from you. Write Wisely wisdom is power put your pen to the Paper". Janessa J. Jordan



Introduction of my book:

This is a non-fiction poem novel that I have worked on and created myself. The book writing was a pretty big project for me it is one of my first times. Writing a book. The purpose of this project is to introduce my poem writing and picture sketches to match the messages in my poems there is a lot of interesting poems that you might like thanks for being a fan and showing me love. I would like to thank god for giving me the strength and knowledge to write this book and the poems. It was very hard it wasn't easy and basically nothing really came easy for me I work very hard for what I want and I put hard work and effort into it. Please read it and enjoy it and make sure you invest in it thank you and god bless:).

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Topic: A man

A man is stronger at times and weak.

A man has a big ego and likes to hide
His feelings and thoughts inside I feel
That he should let them out don't run
And hide the tears. Don't run and hide
The years that you put into a relationship
That your not owning up to or ready for
Don't be quick to let go stick with the one
That you love follow what your heart says.
That's what's makes you a better man and
Person. You go from a baby to childhood,
To an young adult, to a man.



Topic: A women

A women is thought and raised By a women who makes her a Women. She follows into her Mothers foot steps to reach, Search for her goals that she Has to accomplish never let Anyone get in the way never Listen to anything negative That others have to say. What doesn't kill you make You stronger it makes you A harder women. A women Becomes a women very early And mature over the years Of her human nature experience.



Topic: Body

My body is a temple that god has created It's only given to special people who deserve It.Beautiful body art in the mirror as I take My picture snap the camera goes. Your body is an art that you can use to send A message in a picture. Cover up the naked Body save it for your godly prince that god Has in stored for you.



Topic:Bullies

The world of bullies and the beast bullies never win anything they think that they have the upper hand but they actully don't. You should know, bullies hurts. It starts with one word one word you blurt like fat, ugly worthless. These are the words they hear. Did you know your their biggest fear day by day day torment of bullies.



Topic: Butterfly

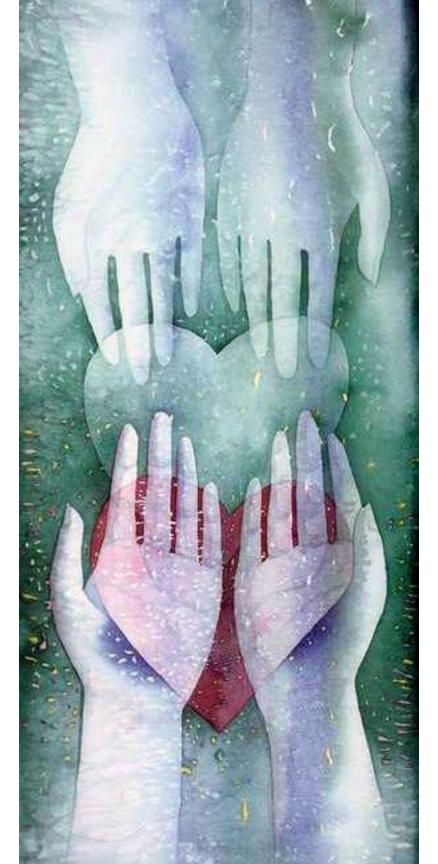
Go on ahead an fly butterfly
Some of them will fly in pairs,
while others remain alone,
There are some that appear quite small,
And yet there are some that seem full grown.
I have been told that they don't live long,
Most only live several days, It is such a
wonder of nature, As I watch as a new one stays.
They love to grace our gardens, We love to
watch them go by,I am so lucky to have
them around me, As they are flying low and high.
There goes another one,It stopped to delight me again,
Always lifting my spirits, As only a butterfly can.



Topic: Caring Heart

A caring heart that love so deep But still worn out and broken Into pieces can you fix the puzzle? Right to match up to the amount Of full blown kisses to love Again and have a caring heart To share with others not everyone Have a caring heart there are some Evil hearts laying around that needs To be brought back to life.

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Topic: Cars

Driving around in newyork city In a expensive car. Let's go to The car shop. As I open the door To get into the drivers seat I Put on the seat blet and fix the seat. As I look in the mirrors put the key in to start the car my wheels go round and round as I pull off. Cars almost everybody has one, but what little thought we give them. We drive our cars to work and school but even then we don't give our cars much thought. You go from one exteme to the other, one guy might pay about \$20,000 for a car, while another may pay \$150,000 for a car. Cars are an earthly object, yet we all see people that go overboard with their cars.



Topic: Clothes

A lady is not what she wears its what She knows. I really don't care about Clothes that I wear because it's Meanless to me. The hat I was married in. will it do?White, broad, fake flowers in a tiny array. It's old-fashioned, as stylish as a bedbug, but is suits to die in something nostalgic. And I'll takemy painting shirt washed over and over of course spotted with every yellow kitchen I've painted. God, you don't mind if I bring all my kitchens? They hold the family laughter and the soup. For a bra need we mention it the padded black one that my lover demeaned when I took it off. He said, "Where'd it all go?" And I'll take the maternity skirt of my ninth month, a window for the love-belly that let each baby pop out like and apple, the water breaking in the restaurant, making a noisy house I'd like to die in. For underpants I'll pick white cotton, the briefs of my childhood, for it was my mother's dictum that nice girls wore only white cotton. If my mother had lived to see it she would have put a WANTED sign up in the post office for the black, the red, the blue I've worn. Still, it would be perfectly fine with me to die like a nice girl smelling of Clorox and ammiona. Being sixteen in the pants I would die full of questions.



Topic: Closed Door

I closed the door from all of the pain So I feel as if there no more rain I keep moving forward, opening new doors, and doing new things, because we're curious and curiosity keeps leading us down new paths. Its good to Follow your joyful bliss and the universe will open doors where there were only walls.



Topic: Eyes

Keep your eyes on the prize it Maybe a surprise for mine eyes Have seen the salvation of the Victorious message of silance That it has revealed to me.open Your eyes to the beauty around You. Open your mind to the Wondours of life.open your heart To those who love you and always Be true to yourself. It is how you See yourself and not how others Look at you that truly matters let Your soul shine and your eyes Listen.



Topic: Flowers

Flowers is an incouragement when Your sick and down.Flowers are Giving at most happest moments Like weddings.flowers are a beautiful Expression of nature and they smell Good.Have you ever heard of a flower that never needs Water, soil, or sunshine? A flower that stays in full bloom through summer and winter through good times and bad a flower.



Topic: Hair

Hair so long and pretty looking like An indina beauty. Yes I am my hair We are both natural beautiful and Strong we have both suffered at the Hands of theses shampoo and Conditions also the differnt styles Like braids, curls, weave, dread locks. Its just nature on earth to keep Hair mantained and together so That us women can look and feel As beautiful as ever.



Topic:In The Dark

Whatever goes on in the dark will always come to the light for nothing is ever hidden in the dark which there is no light for you to see anything in the dark there's thinking and relaxation in the dark where there is secrets that cannot be reveal or seen or heard the best darkest secret can never be covered up because no one can ever keep any secrets someone will always kiss and tell about what went on in the dark. The darkest pitch black room with the wind blowing by the fan to keep air circulation and room tempeture. When you look outside of the window you can see the dark, dark moon shining light of wisdom with the sliver bright light and the sun resigns bleeds out the vestiges remnants of the day I Found a new light All is alright Until fiends come again. A light in the dark No will No strength Only fear for survival Accompanied by blissful madness in the dark.

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Topic: The lonely road

The lonely road that I walk or drive I feel that it will be alright as I walk I'm venting off issues walking a Lonely road shows that your no Longer afraid or scared of anything Or anybody. You don't have to live In fear anymore because your strong Enough to walk that path by yourself. You come in the world by yourself And you also die by yourself so never, Say never remember that nothing is Forever so go ahead walk the lonely Road.



Topic: Medication

Oops I forgot to take my medication today
Will I go into a panic attack or would I go
Crazy. I called the drugest with a perscription
Now I am on medication and stare into space
in meditation I'm so high should take up a viation
Like staying home being on vacation I guess i'll
fall from gravitation. When i stop taking this medication
They call it an antideprissent. It makes me feel like
an adolescent If I felt any less anxiety I'd surely reach
notoriety Time again for my medication Because i
feel the pull of gravitation.



Topic: Mind

I have the mind set on what i Want to accomplish in life and What I would like to do with Myself. For a mind is a terrible Thing to waste use your brain Keep on thinking the glorious Ideas that you have which is Called food for thought.Mind Body and soul that when you Have become whole.it's just a state of mind,i tell myself hoping to erase these thoughts of fear that hinges on the edge of my happiness; Trapped inside my own mind, eclipsed by my fear, tears weep without a choice hoping to vanquish this struggle within.



Topic: Money

Money is the root of all evil Money is just motivation to Having your bills paid. But I certainly don't act that way I worry about money day and night I go to work to a job I hate All so I can earn money Just so I can pay the bills Money is my master My life conforms to what money wants So I can have enough to survive As long as money is my driving force I will never do what I love I will never serve the world Because I'm too selfish too notice Poor people are obsessed with money Rich people are obsessed with money Middle class people are obsessed with money So many people, so many reasons to be obsessed Mostly for survival, some for power Some for experience, some for pleasure Americans to spend, the Chinese to save Some countries to finance their wars Individuals, families, organizations Businesses, non-profits and governments Have become debtors with money as their slave Because of the love of money Once I had wanted to serve the world I didn't even want or need much money So focused on serving the masses I was happy and elated as could be Until I ran out of money Until the bills I couldn't pay And my family I could not support Then money my purpose became The more I focused on money

The less money I had

I worried, I fretted, I was paralyzed in fear I tried and I tried to have enough to get by

I went to school so I could earn money

I started businesses to earn money

I went into sales to earn money

Because I doubted I could earn very much

I dropped what I loved

Because I had no money

After years I returned to my passion

But my passion was still ruled by money

Every action I took was laced With the subtle desire for money

Every person I spoke with

Every chap I attempted to convince

All had to deal with my needs for money

They felt my neediness, my desire for worth

My desire to feel good about myself My worry for survival of not having enough

After a decade of futility and emptiness

I slowly began to wake up

To the scripture I had heard long ago

After I had gained some worth in myself

To this day I can still feel my need for money

The need has not died down completely

But my desire to serve has returned

My desire to contribute to humanity

Every day I attempt to quell my money addiction

Knowing I will always have enough

Knowing I can be wealthy without needing to be

Because having money is not the purpose of life

You and I both know that love and contributing to humanity

Is the true reason you and I are here

But too often you and I don't act like it

Our need for money masks our desire to serve

Only with constant awareness of vigilance

Can I sense my subtle need creep up

When I go out for dinner, when I have to spend money When the bills require my attention

When the debt lies heavy on my shoulders

When it's time to buy a gift

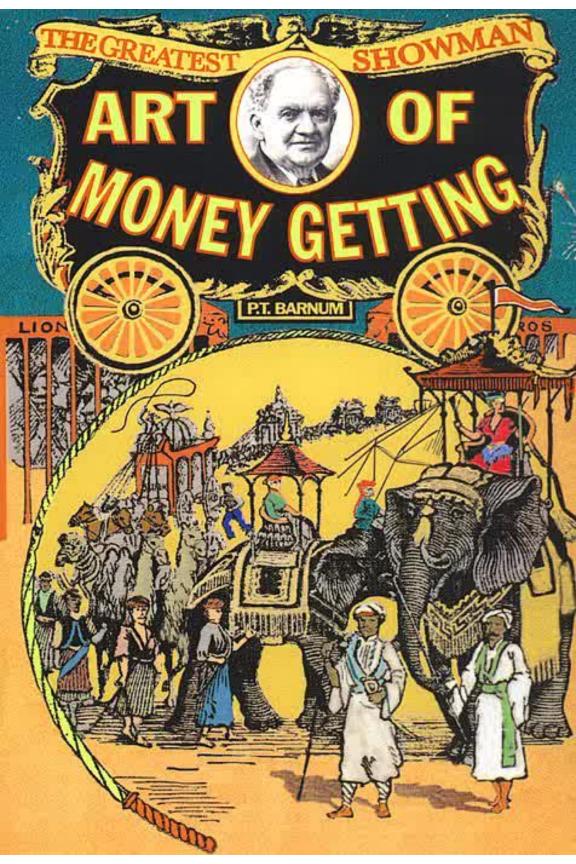
Every time I receive a paycheck Every year when the taxes I pay

Every time I look at my bank statement

Every time I attempt to sell

Every prospect that I interact with

My awareness must keep me in line
Because in all these moments
I still notice my subtle need
Creeping up from the pit of my stomach
To divert my attention to it
So I breathe deeply and regain my focus
Of why I am here on this earth
To love and to serve my fellow man
And to practice every day in spite of my weakness.



Topic: Music

Music is nice music is power Music helps your mood swings If your in a bad mood theres Always that sweet song thats In your ear that you hear the Puts that kool aid smile upon Your face that's the smile of Grace and willderness of A sinsational voice that you Hear loud and clear to deliver That message of how you was Feeling. Then once you turn Off your radio your cool Clam and collected.Music Made a connection with your Heart and ear so your no Longer feeling weak. It Destroyed your angry element Mood that you were in now Let's thank god for music.



Topic: Nails

My nails are nice and sharp I had them Filed nice into pointy style.my polish Is glowing as I move my hands. Winter will think back to your lit harvest For which there is no help, and the seed Of eloquence will open its wings When you are gone.But at this moment When the nails are kissing the fingers good-bye and my only Chance is bleeding from me, When my one chance is bleeding, For speaking either truth or comfort I have no more tongue than a wound.



Topic: paradise

Would you like to live your life in paradise? Great news has been revealed that paradise Is a holy land of happiness and joy.paradise Is a perfect island. what is paradise? Once in a dream I saw the flowers That bud and bloom in Paradise; More fair they are than waking eyes Have seen in all this world of ours.



Topic: Profits

Make profits that make sense
A man must be big enough to
admit his mistakes, smart
enough to profit from them,
and strong enough to correct them.
Life is divided into three terms
that which was, which is, and
which will be. Let us learn from
the past to profit by the present,
and from the present to live better
in the future.



Topic: School

School my favorite place to learn and Study where there's notebooks pens And penicls desk tables and lunch room. I' d like to think myself as normal, Just an ordinary girl.But I'm not into butterflies, I don't do ballet twirls. I hate wearing make-up, No eye shadow or blush.I don't have time in a morning, As I' m always in a rush.I don't wear fancy underwear, Especially not a thong. For all the girls who do out there,I think it's Kind of wrong. I don't spend hours on the phone, Just simply chatting away. I only need to take five minutes, On my hair everyday. My room is not spotless, My room is not a tip.I don't put powder on my nose, I don't give teachers lip.I don't go after every boy, That I come across.I don't think I'm better than everyone, Don't think that I'm the boss. I don't walk with my breasts, Held high up in the air. I don't try to shake my bottom, Or twirl and flick my hair. I just want to get through, These taunting years of school.I don't care what you think of me, I don't care if I'm not 'cool'. And I do have a good time, A laugh with all my friends. I balance it with learning, This is my beginning, not my end.



Topic: Selfish

Selfish people makes you selfish Why share with others who have Never shared with you. Selfishness Has brushed off on me I can't help It, its not my fault of being a fall Victim of selfish. Manifest plainness, Embrace simplicity, Reduce selfishness, Have few desires. Selfishness is not living as one wishes to live, it is asking others to live as one wishes to live. Men are not against you; they are merely for themselves Selfishness, not love, is the actuating motive of the gallant. Forgiveness is almost a selfish act because of its immense benefits to the one who forgives.



Topic: Shoes

If the shoes fits then wear it if it dont Well I guess you have to find your Shoe size. Make sure you walk in Those shoes very well they might Change your life I believe the price Is right for you to walk in them Walk with confience and be strong Even if they are high heels always Remember that you put new shoes On and it brought you love an happiness But if those shoes bring you bad luck take Them back to the shoe store where They belong.



Topic: Shower

As I cut on the shower and run
The water it sounds like an ocan
Park of showers of blessings of
Restoreance. I'm singing in the
Shower as I was my hair scrub
My whole body with soup.
Showers of joys and glorious
Wonders I can feel it all over
Me as I grab the dry towel to
Dry off. Wow what a trupiumph
Hot shower that was its nothing
More and meanful of a shower
To take daily and come out smelling
Like a rose shower.



Topic: Smile

I smile, I laugh, I cry, I hurt. Sometimes a smile could Hide so many tears tthat you Have cried. Above the clouds there's a bright blue sky So make your tears a smile. As you travel on life's way With its many ups and downs Remember its quite true to say One smile is worth a dozen frowns. Among the worlds expensive things A smile is very cheap And when you give a smile away, You get one back to keep. Happiness comes at times to all But sadness comes unbidden And sometimes a few tears must fall Among the laughter hidden. So when friends have sadness on their face And troubles round them piled The world will seem a better place And all because you smiled.



Topic: The Bridge

If the bridge is burned why should I cross it Again just leave it the way it is.

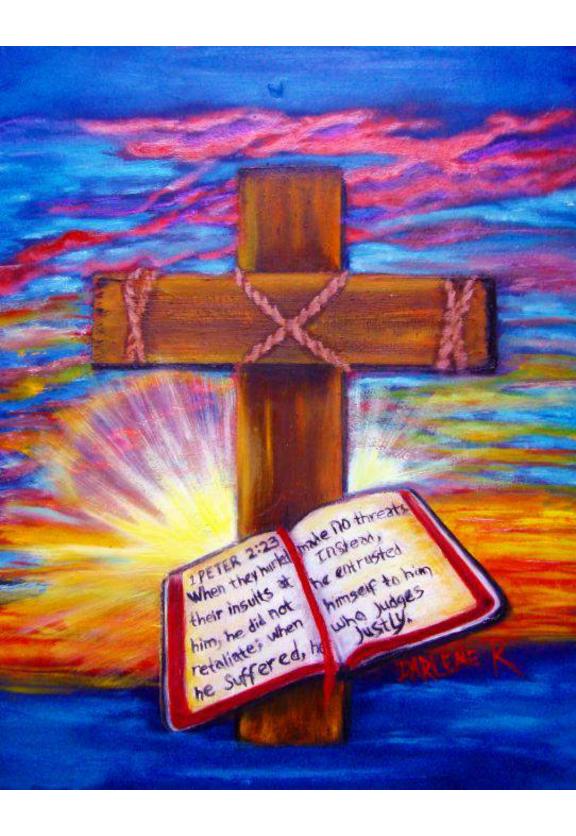
Why continue to keep on going back and Forth with the same thing that is going to be The same outcome as it was before.

Just don't jump off of it into the sea make Sure that your mission is worth the while And complete. Never forget the bridge Who have brought you across forgive And don't forget the cost and the chioce That you made for the price that had to Be paid just to get over the bridge.



Topic: The cross

The righteous cross represents
The father the son and the
Holy ghost. Three words i
Feel like I have something
In common with the cross
From which my name start
With three J's.
Janessa Jemealla Jordan
Could it be that I have a
Special bond and sensational
Connection with the cross.
Naturally I feel that I am
Jesus angle. The cross is
Such a powerful weapon that
Heals and protects.



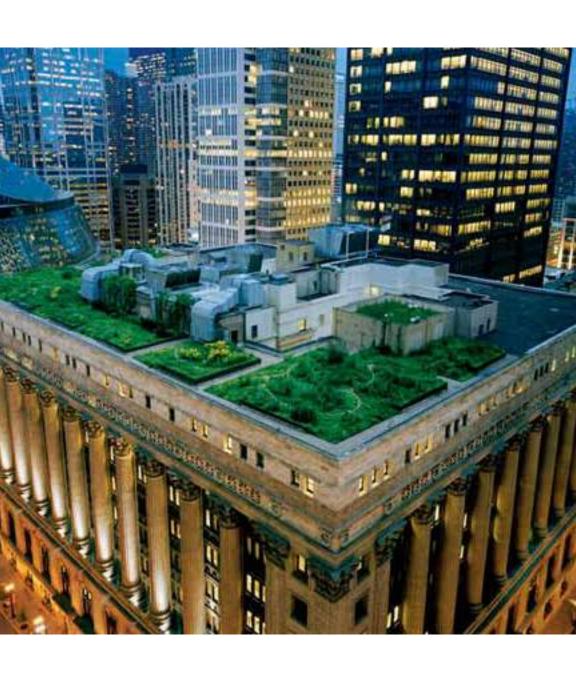
Topic: The Engagement Ring

The engagement ring of a promise to Be there through sickness and heath Till death do us apart.My sparking Diamond ring shinning so bright Dance like no one is watching Sing like no one is listening Love like you've never been hurt Live like it's Heaven on Earth A dream that is dreamed by two Will always come true.Friendship and love, Laughter and caring May these keep on growing As you keep on sharing the Engagement that we have.



Topic: The Roof

The roof is on fire we don't need Any water so just let it burn. Im Up on the roof looking at the Clouds I see the moon I see The stars it looks like a gorious Night of paradise.as the rain Comes down it feels like a Sparkling of showers of Blessings. Each person sweeps the snow before his own door, and never minds the frost on another family's roof.



Topic: there's other fishes in the sea

There's other fishes in the sea but not one Quit like me.Dig deep into the ocean and Catch a real good one.Don't be upset over what you've lost. This proverb is often used as a consolation for losing a girlfriend or a boyfriend, and has been traced back But I wouldn't want to be reminded of an Old fish that I nolonger want.



Topic: Time

Time is on the making for better Things to happen. Wait for the The time the clock is ticking Tick tock, tick tock don't waste Your time on situations that Doesn't really matter at the Moment. Wake up and smell The coffee don't pay attention To everything that you see,or Hear because it's all just make Believe something that sounds To good to be true don't fall into The trap hold back. Hold your Head up high and wait for your time To come to shine like a shining Armor. Always remember to don't Be in a rush because everything Takes time. People never remember The million times you've helped them, Only the one time you don't.



Topic: umbrella

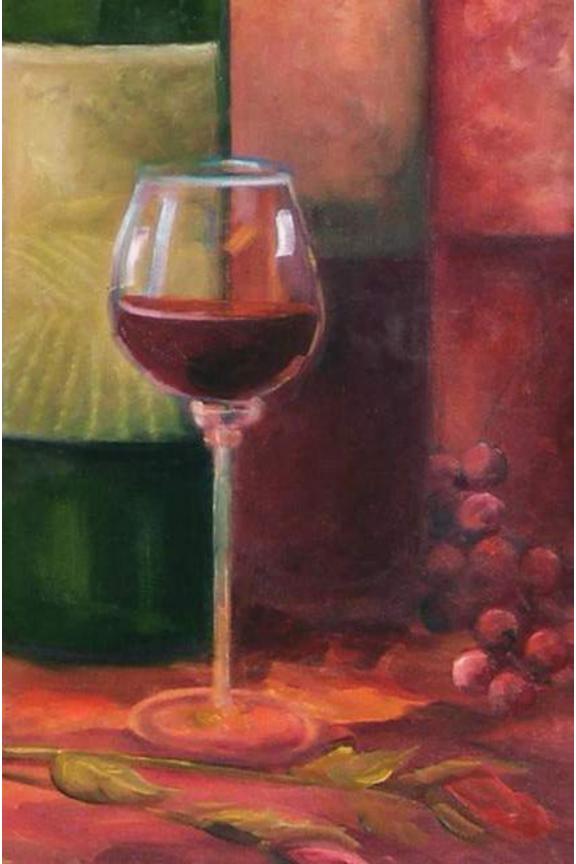
Its raining outside where is my umbrella? I need it over my head so that I won't get Wet.Let a smile be your umbrella, and you'll end up with a face full of rain.and When the rain stops fold the umbrella up Into its plastic cover.

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Topic: wine glass

A wine glass with and expensive Taste of rich champine. My glass Is so full,full of happiness full of Joy when my drink is finshied it Will be time for another refill of My drink. I'm feeling awesome After I have received my last wine Glass of glorius drink in a genuine Solid clear wine glass.



Topic; Freedom

I'm so happy screaming freedom, freedom I'm finally free thank god.I think I found Who I am my mind is free my heart is free I am free at last. From all the stress From all the heartache From all the regrets From all the hatred From all the intimidation From all the jealousy. She has finally set me free my angle that I thought was my enemy but was really My true friend indeed when I looked And thought back the spirit revealed And have let me seen. I'm screaming Freedom, freedom, freedom ass I walk Yes, yes I'm finally free.



Topic: Braking The Rules

Sometimes you have to brake the rules and take your chances nobody is perfect on earth you can follow the rules to the fullest and still be wrong and never be right innocent and still in a sense to being guilty I feel that there are no rules there's only rules that you make for yourself to follow your own path of rules and regulations for which they are postive or nagative its basically half and half mixed of good or bad happy or sad. But be careful if you was to brake the rules and risk your freedom for I will never risk my freedom for stupity make sure when braking the rules that your smart at it always keep the memory in the back of your mind to don't ever get caught braking the rules follow the rules you lay out for yourself or that your use to follow for it may come a change oneday where you will somehow give up and get sick and tired of it make the change and always never look back on the rules you use to know because rules change everyday. The risk and the form of braking the rules got you where you are today sometimes you have to be able to brake them to come out of your shell.

Topic: color

Color, color of art with beautiful Colors of gifted bright nice Creations of pictures paintings That gives an graceful massage In them. Fourante color of Light and darkness it's best to Have color then for dull ink Of color for an photograph That has to be seen with the Special technique.

Topic: commitment

Was made please don't take it back because it Would declear to be a broken promise. Commitment wrenches you by the gut And throws you into action. Commitment heals your fear and doubt Because you have no other option. Commitment causes your intentions to manifest Even if you don't believe they can happen Commitment trumps disbelief. Because you have no other option Whether you believe or whether you don't Doesn't really matter anyway. If the dam is bursting you' re telling everyone Whether you believe you can or you can't No matter how many people are there No matter if they don't listen to you No matter what your fears and doubts are You' re going to tell them the dam is bursting Why? Because of commitment which comes by choice Which you always have power to access No matter your fear, no matter your doubt No matter the excuses you have No matter how you argue the evidence against Or can't see past the impossibility Commitment transforms the seemingly impossible Into reality right before your eyes What you thought you could never do What you spent many years avoiding A moment passes, a switch gets flipped And you surprise the crap out of yourself Commitment fuels your soul and drives your purpose Commitment can turn your life upside-down Commitment is the difference between Your dreams becoming reality or being dashed Skill, talent, ability, capacity

Fear, doubt, worry, procrastination

Commitment of being together the promise that

Resistance, obstacles, opposition, navsayers Impossibility, disbelief, and never been done

Are no match for commitment

Are no match for the choice that is yours

Commitment wins every time

Commitment is the trump card in the game of life The reason why any dream gets fulfilled

Is not because of talent or skill

Or being born in the right place with the right parents

But because of the committed individual

Even if you don't know how to do something Even if you consider yourself a fool

And don't know how your goals could ever get done

Your commitment still wins every time

With commitment, the answers appear

The path soon becomes clear

Through action despite your mistakes

And Divinity aligns on your side

Things you didn't know how they could happen

Seem to occur outside of your hands

To help you along your path

People show up, opportunities arise

That otherwise would not have shown up Unless your commitment you had made

Unless the intention you had set

To commit to your desired purpose

So when you want to create something new When you have dreams unfulfilled

Remember the path to achievement

Comes only by, through and because of

Commitment.

Topic: Everything Happens For A Reason

Everything happens for a reason there's a season and a reason. There's a reason why people lie a reason why people cry a reason why people hurt each other a reason why we feel like we hate one another everything happens for a reason and life's just what you make it everything isn't for everyone and some people just run from their pain some don't know how to just let go but I'm here to let the world know life's full of obstacles twists and turns sometimes like a car accident crash and burns life's full of pain, when it rains it pours don't let a rainy day keep you inside don't let the inside make you hide they say life is bad, then you just die it's really what you make it live it up, or be out of luck life's just what you make it. live it like it'll never end If you stand for a reason, be prepared To stand alone like a tree, and if you Fall on the ground, fall like a seed that Grows back to fight again.

Janessa Jordan P.O BOX 814 New York NY,10150 Janessa2012@tmo.blackberry.net Topic: evidence

Can you prove the evidence of being Cheated on. Evidence is the key of Finding out what you need to find Out. False facts are highly injurious to the progress of science, for they often long endure; but false views, if supported by some evidence, do little harm, as every one takes a salutary pleasure in proving their falseness. So you can't state your Judgment because you don't have any Evidence of what you said.

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Topic: Able To Lose To Gain

Sometimes you have to be able to lose something in Order to gain from it and for better things to fall into Place. When you lose it, it's then time for a new begaining Regaining to be started and for the position to be played, for You to never look back always keep looking forward Stay straight forward. People hate to see you move on They don't understand that you been through something. Once someone have stepped on your toes or you have trouble or a problem with them you shall never look Back looking back on the past is like committing a sin Its wrongful dures that you don't need to face or deal With anymore the bullshit that you already been through before That's why you gotta be able to lose in order to gain much and more Then you ever had before.

Janessa Jordan P.O BOX 814 NEW YORK NY,10150 Janessa2012@tmo.blackberry.net Topic: HONESTY

Honesty is a loving caring favor that you keep
To yourself also to share with others.
The honesty in me that I will never tell. Can you
Read the honesty in me? Or can you see it in me.
The honesty laughs,smiles.human nature. Some
People can't take your honesty or accept it the honesty
Might be to exclusive for them to hear or see, it's
Non believable honesty is a belief honesty is the
Truth,honesty is the root of all evil it hurts when
Your too honest always and forever cherish the honesty
In yourself.

JANESSA JORDAN P.O BOX 814 NEW YORK NY,10150 Janessa2012@tmo.blackberry.net Topic: I'm so over it

I'm so over it all the good the bad The happy and sad. Please stop Reminding me of the past because I don't care about it anymore and I'm not looking back on it.

Everything that seem like its good Is really not, just accept the fact That I'm so over it and its has been Erased out of my mind I've been Doing just fine and I'm so over it So you can go ahead and get over It cause I did.

Topic:Jealousy

For jealousy is the cruel of the grave of Human nature jealousy is a Serious disease. For it is always the smallest things in life That makes a person happy well that's a small Thing to a gaint. Set me as a seal upon thine heart, as a seal upon thine arm for love is strong as death.

Topic: Loyalty

Loyalty is in the eyes of the beholder keep The the loyalty alive. He may be six kinds Of a liar He may be ten kinds of a fool. He may be a wicked high flier Beyond any reason or rule. There may be a shadow above himOf ruin and woes to impend And I may not respect, but I love him, Because well, because he's my friend. I know he has faults by the billion, But his faults are a portion of him, I know that his record's vermillion And he's far from the sweet Seraphim; But he's always been square with yours truly, Ready to give or to lend, And if he's wild And unruly i like him because he's my friend. I criticize him but I do it In just a frank comradely key and back biting gossips will rue it if they Ever knock him to me.I never make diagrams of him No maps of his soul have I penned, I don't analyze I just love him, Because well, because he's my friend And we both have that confident loyalty.

Topic: Mother

The motherly love that she's gives bring me
Perfect joy that I feel inside. The motherly
Love that I need and it is guaranteed to thee
End of time my mother is forever mine no
One can't ever replace her. Her strickness
Is what keeps me at my balance at how I stand
I grow up with a women I feel that I shouldn't have
To ever need a man.Both of our birthdays are in june
We are like twins cheers to the mother that I could never
Or will be able to replace.

Topic: Moving on

Moving on to another journey I have to make sure that my Mission is complete. Moving On to something new its my Plan to renew my life I will Be proud. Do you feel stuck? Whether in a project, a job, a relationship, or some other situation, there is a time for perseverance, and a time for letting go and moving on.

Topic: Opression

The deepest opression of fear And being angry.Now dreams Are not available to the dreamers, Nor songs to the singers.In some lands dark night and cold steel Prevail but the dream will come back, and the song break its jail. Topic: SKIN

For I have always been comfortable in my own skin and it Has made me strong,the scars ,the straches, the marks And the moles. Show yourself approve and be comfortable In your skin don't hide or run from yourself be joyful And playful be who you are never be ashamed of your Skin or color because it brings out the best in you. Mask and skin facials to cleans the skin and help it to Recover and over come the scars, straches, marks and moles. Always be yourself and be confident comfortable in your own skin.

JANESSA JORDAN P.O BOX 814 NEW YORK, NY 10150 Janessa2012@tmo.blackberry.net Topic: Team

There's no Lin team team work Makes the dream work its best That we work together as a team So that our project that were Working on can be sealed and Completed.It's all very well to have courage and skill and it's fine to be counted a star, But the single deed with its touch of thrill doesn't tell the man you are; For there's no lone hand in the game we play, We must work to a bigger scheme, and the thing that counts in the world today Is, How do you pull with the team? They may sound your praise and call you great, they may single you out for fame, but you must work with your running mate or you'll never win the game; oh, never the work of life is done by the man with a selfish dream for the battle is lost or the battle is won by the spirit of the team. You may think it fine to be praised for skill, but a greater thing to do Is to set your mind and set your will On the goal that's just in view;It's helping your fellowman to score When his chances hopeless seem; Its forgetting self till the game is Won. And fighting for the team But in the ending its always that One lucky player that has to suffer.

Topic: The gift

The gift that was given that cannot be Cursed by evil, the evil demands try To destory your dreams goals of Life. For money, I don't have any, And gifts, they don't last long; So what can I offer you, That's meaningful and strong. The first thing that I thought of, Was to buy you something cheap;But then you would curse me, And think I was a creep. For money, clothes, and jewelry, These things they seem so small;So quickly you would lose them. And then have nothing at all. So maybe this is silly, To give you on this night;But giving away a part of me, Just makes me feel so right. So this year I will give to you, The words that fill my soul; I hope that they will bless you, And may your life be whole.

Topic: The Strom

I've been through the storm and It has passed over. My stromy Days are finally over.Come, protect me from the storm and anyone who seeks to do us harm the scary nightmare plots that form to steal your heart away from me. My hold on life is much too weak to sail the sea alone to come to you my fragile dreams may be for naught my flimsy plans may scatter in the wind my face may fade before your eyes just as your arms reach out for me in vain too soon my life forever shall be gone into the depths beneath the waves.

Topic:Travel

Travel all around the world wear all Of your dimonds and pearls. Choose Your choice of the travel agencys Rather it's the bus,train,or plane just As long as you get to your destination To where your trying to go. Its very Complicated with all of that baggage That you brought with you lighten Up the bags it's not but so much That you can carry,travel time lets Go have fun enjoy our selves and Take pictures put sunglasses on and Look famous. what a truemendance Trip it was to enjoy and have a lot of Fun so take advantage.

Topic: Trust

Trust is in the plam of my hands I trust in self nobody else.

Trust is the key to an open door Of love that cannot ever be broken Apart. Trust is the humanity of self Endurance of respect will you ever Trust in others no I guess not Because not everybody is all trust Worthy.

Topic: Weather

The weather is very nice out today I cant
Complain how sunny and warm it is on
This havenly day.Could it be rain,
could it be snow you never know
how it will ever go.Could it be cloudy
could it be sunny is that a bird u see?
How delightful that is indeed.
The weather, the weather all so clever
can it be bad, can it be good oh, that's the weather.

Topic:Winging In Winging in on the swing back and forth spinning around mind dizzy I shake my head to recover the dizziness what a crazy experience to have on the swing okay its time to go on a winging ride like a rollacosta up and down round and round the joy ride goes I'm screaming and so excited of what a journey it has been to be winging in.

Topic: Work

Work, work, so hard to build what You want in life so when everything Is handed to you on a sliver platter You will appricated more. It's basically to get somewhere Important in life where you would Want to be. Work or no luck if you are disorganized you get finished on time work or no luck if you are interested oughest becomes easy Work or no luck if you are not interested Easiest thing becomes toughest work or no luck if you are carving you keep doing it great work or no luck if you are not carving you keep doing it a trait Work or no luck if you have work You have luck work or no luck If you have work still nothing to do You have no luck that's the fate of Work or luck.

